

Revised: 4/6/10

EDEN PRAIRIE CO-REC VOLLEYBALL RULES

Spring -2010

****Eligibility:**

* In order for a player to be legally playing on a team they must be on that teams roster prior to playing for that team.

*A player may only play on 1 team per league. They may play on another team in another league.

****Games:**

*Games are at Oak Point , Central Middle School and the Eden Prairie Community Center.

*Six people play at a time. If a team does not have at least four players at game time, a 5 minute grace period is given before the first game is forfeited. If after 15 minutes there are still not enough players then the entire match will be forfeited. A team may never play with fewer than 4 players.

Co-Rec: teams may not have more men than women on the court.

Ex:(3 men-2 women is not ok).

Teams may have more women than men on the court.

Ex:(3 women-2 men is ok) even (5 women-1 man is ok).

***A game is to 25 pts. Win by 2 pts. (30 POINT CAP)
All games are rally score!***

*A match consists of a maximum of 4 games.

*Matches scheduled on the hour will have a 55 min. Time limit.

***Note: Whenever there is between 5-10 minutes left in the match, a final game will be played. In order for the game to count, a team must be to at least 11 pts/ or it does not count in the standings (if there are 4 minutes or less remaining than the next game will not be played)!**

If time runs out (regardless of if it's the 2nd, 3rd or 4th game) and a team is to 11 (or more points) and ahead by 2 (or more points) they will be declared the winner of that game. If either team is to at least 9 points and ahead by no more than 1 point (or the 2 teams are tied at 9 points a cap of 2 more points cap will be put in place to determine the winner of that game.) If in the game time runs out and one team has 10 points (or more) and the other team is behind by only one point , a cap of 2 points higher then the current highest score will be the cap for that game. So if for example the score is 16 to 15 the cap would be 18. (2 more than the highest score of 16.) A score of 7 to 5 (for example) would be considered a non game with the time expiring the game would not continue and it would not be counted as an official game.

*At the beginning of the match, the official should let the teams know the time and the time when the match will conclude.

*If the official doesn't announce what time the match started and when it will end, it is the captain's responsibility to ask the official at the *beginning* of the match. Occasionally circumstances prevent all the matches from having a full 55 minutes of play. If this happens, time should be deducted from all remaining matches until the night is back on schedule. Officials must announce such time deductions at the *beginning* of the match.

*The team captain may ask an official to call the match tighter.

*The team captain may not ask an official to call the match looser.

Complaining by team members will not be tolerated.
The participant will be warned, and if it persists they will be asked to leave!

****General Rules:**

*Games will be played according to USA Volleyball rules, except for the following adjustments:

***Let serves are legal**

*The first hit on return of serve **must** be a bump. (Bronze only) (**EXCEPTION**)-All gold divisions and **SILVER 1 and SILVER 2 divisions** finger action or setting of the serve is allowed.

*Co-Rec: when a ball is played by more than one player on a team, at least one of the hits must be by a woman.

*Co-Rec: one back row player may also block when there is only one male positioned in the front row.

***Players may play the ball below their knee (off the foot, etc.).**

***No under hand carries or over hand throws are to be allowed!**

*Teams must rotate before their first serve.

*Teams may not block or spike a serve.

*Teams are allowed **one** 30 second time out per game.

****All calls that an official is unsure about should be replayed.**

Officials should not ask a player what the call was .this only causes problems on future calls.

Note: if the official makes a call and a player admits that the call should have been otherwise, the official may change the call. This only applies when the call now goes against the player making the admission. Players please be honest!

*Teams should not make any inappropriate comments or gestures to individuals of the opposing team. Officials should intervene if this occurs.

***Officials should use red/yellow cards for individuals that make inappropriate comments/gesture or slam/kick the ball!**

*Typically teams will want a couple of minutes to warm up before their match. Remember this does go against your 55 minute time limit.

****Miscellaneous**

*Teams tying for first place etc. will be decided by:

- 1) Head to head competition.
- 2) Games won/lost against other teams based on record.

*All protests will be handled by the athletic coordinator.

***Players should not bring unattended children to their match.**

*League standings determine where teams will play in future leagues.

*Players may be added to your team's roster at any time throughout the season for regular season play, players may not be added for any additional play-off games. In order for a player to be eligible they must be on your team's roster prior to playing on your team. To add a player to your teams roster simply e-mail that players name and address to the league director prior to their 1st day/night of play. State requirements may not/are not the same as local league requirements. If your team chooses to play in regional or state competition contact the league director for more information.

***Managers are responsible for knowing all rules contained within.**

Note: The Eden Prairie Adult Volleyball Leagues are for recreation. The majority of our leagues are Class "A-D".

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Roster Changes
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As of 12/29/09 For MRPA & EP League Rules
Changes will be made in Spring 2010.

Fyi

UFF

USAV Rule Changes for 2009-2011

Add 10.1.3: new under the net rule

New 10.1.3: "The ball that is heading towards the opponent's court through the lower space is in play until the moment it has completely crossed the vertical plane of the net."

11.2.2.2: new centerline rule

1. Deleted 11.2.2.2: "To contact the opponent's court with any other part of the body is forbidden."

2. Replaced with 11.2.2.2: "to touch the opponent's court with any part of the body above the feet is permitted provided that it does not interfere with the opponent's play."

11.3.1: new net touch rule

1. Deleted 11.3.1: "Contact with the net by a player is not a fault, unless it is made during the action of playing the ball, or it interferes with the play. Some actions of playing the ball may include actions in which the players do not actually touch the ball."

2. Replaced with 11.3.1: "Contact with the net by a player is not a fault, unless it interferes with the play."

11.3.2: new net touch rule

1. Deleted 11.3.2: "Once the player has hit the ball, he/she may touch the post, rope or any other object outside the total length of the net, provided that it does not interfere with play."

2. Replaced with 11.3.2: "Players may touch the post, ropes, or any other object outside the antennae, including the net itself, provided that it does not interfere with play."

11.4.2: new centerline rule

1. Deleted 11.4.2: "A player penetrates into the opponents' space under the net, interfering with the latter's play."

2. Replaced with 11.4.2: "A player interferes with the opponent's play while penetrating into the opponent's space under the net."

11.4.3: new centerline rule

1. Deleted 11.4.3: "A player penetrates into the opponents' court."

2. Replaced with 11.4.3: "A player's foot (feet) penetrates completely into the opponent's court."

11.4.4: new net touch rule

1. Deleted 11.4.4: "A player touches the net or the antenna during his/her action or playing the ball or interferes with the play."

2. Replaced with 11.4.4: "A player interferes with the opponent's play by (amongst others):

- a. touching the top band of the net or the top 80 cm of the antenna during his/her action of playing the ball, or
- b. taking support from the net simultaneously with playing the ball, or
- c. creating an advantage over the opponent, or
- d. making actions which hinder an opponent's legitimate attempt to play the ball."